

# *Unit 3*

## **Foundation Certificate**

*In this unit you will work towards a  
Foundation Certificate and be assessed on:*

Holding your instrument correctly;

Playing rest strokes with your index and middle fingers;

Naming the the guitar's open-strings;

Clapping back rhythms from the pieces you are playing;

Perform two pieces accurately from written music;

Play a tune that you haven't played before;

Make-up your own tune for a rhythm.

# The Foundation Award Guitar



Name: \_\_\_\_\_

School: \_\_\_\_\_

The foundation award is the first level of assessment for RMS Guitar players. It is a combination of continuous assessment of the technical and musical knowledge outlined below and a short assessment test, all carried out by the pupil's teacher. Once these have been successfully achieved, the candidate will receive a Certificate.

## A) Technical and Musical Knowledge

1. I can hold my instrument correctly
2. I can play rest stroke alternating index and middle fingers
3. I can use my left-hand correctly to fret notes
4. I can play tunes using some notes on the E and B strings
5. I can clap the rhythms of the pieces I play
6. I can produce a clear, clean tone
7. I can name the open strings
8. I can understand some simple musical words and symbols


## B) For the assessment test, candidates must;

1. Play 2 tunes chosen with their teacher, either a solo or ensemble
2. Complete one of the following:
  - Play a tune they haven't played before (sight reading)
  - Clap, sing or play something their teacher plays
  - Make up a tune from a given rhythm


Teacher's signature: \_\_\_\_\_

Date: \_\_\_\_\_

# Pieces for the Foundation Award

Choose two of the pieces below to play with your teacher as part of the **Foundation Certificate**. Make sure you learn each piece really well so you can play to a steady pulse and count the rhythms. When you feel confident your teacher will ask you to perform them during a lesson.

## German Folk Song

Trad. German

G E E F D D C D E F G G G

*f*

G E E F D D C E G G C

*p* *f* ||

## Ode To Joy

Beethoven

E E F G G F E D C C D E E D

*p*

E E F G G F E D C C D E D C

*f* ||

## Andantino

Mauro Giuliani (1781-1829)

C C | D D | E F E | D

*p*

F G high | E C | D B | C

*f* ||

## Sur La Pont D'Avignon

Trad. French

C C C D D D E F G C B C D G-low

*p* *f*

C C C D D D E F G C D B C

*p* *f*

## Bobby Shaftoe

Trad.

C C C F E G E C G-low G-low G-low C B D B G-low

*f* *p*

C C C F E G E C D F D B C C

*f*

## Pease Pudding

Trad.

C C D E F F F E

Pease pudd - ing hot.

*f*

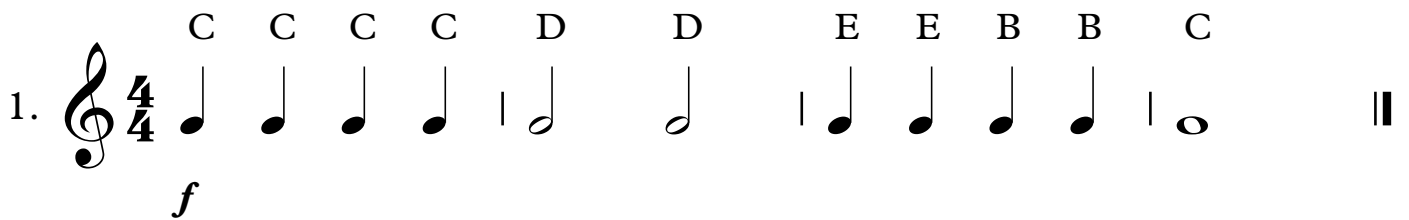
C C D E E E D D C

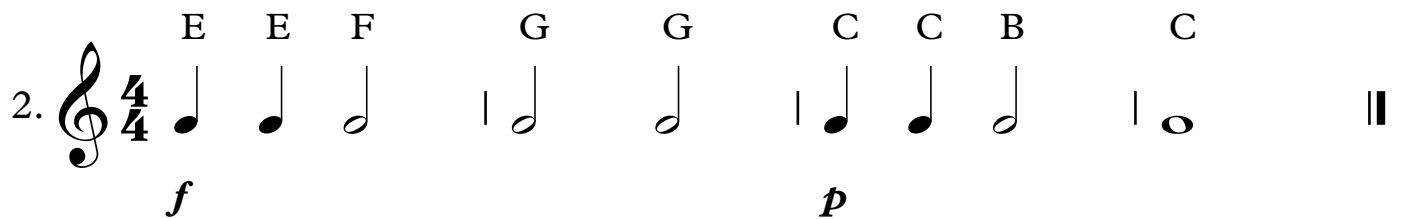
Pease pudd - ing in the pot. Nine days old.

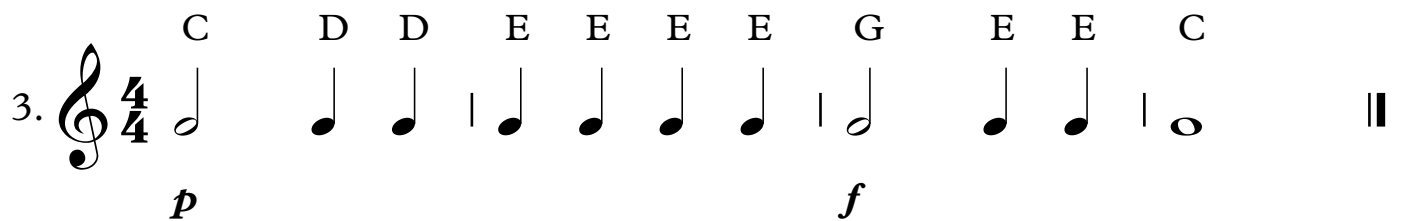
You will also have to choose to either sight-read a short piece of music, clap back a rhythm or make up your own tune to a given rhythm. Below are examples of each of these for you to try out at home. Aim to complete one example everytime you practice. 4

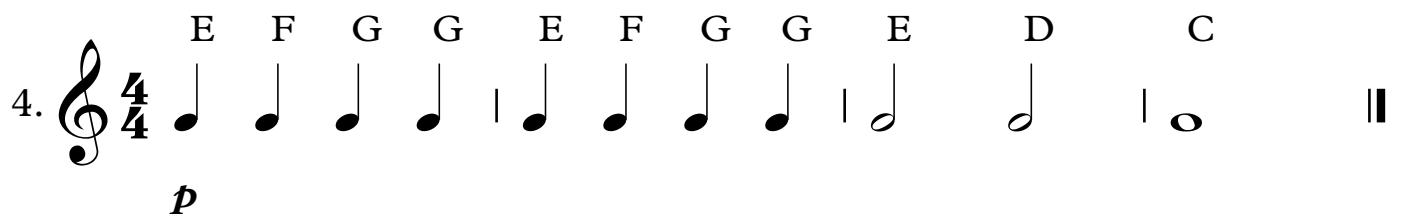
## A. Sight-reading - Practice

**Sight-reading** simply means to play some music you haven't played before. Below are some examples. First **look at it** and try to clap the rhythm. **Then think your way through the piece** trying to imagine which fingers you are going to use. Finally, **look for any patterns in the music** - such as places where the notes follow our musical alphabet. When you feel confident try to read through the piece once, keeping a steady pulse.

1.  Musical notation for exercise 1: Treble clef, 4/4 time signature. Notes: C, C, C, C, D, D, E, E, B, B, C. Dynamics: *f*. Ends with a double bar line.

2.  Musical notation for exercise 2: Treble clef, 4/4 time signature. Notes: E, E, F, G, G, C, C, B, C. Dynamics: *f*, *p*. Ends with a double bar line.

3.  Musical notation for exercise 3: Treble clef, 4/4 time signature. Notes: C, D, D, E, E, E, E, G, E, E, C. Dynamics: *p*, *f*. Ends with a double bar line.

4.  Musical notation for exercise 4: Treble clef, 4/4 time signature. Notes: E, F, G, G, E, F, G, G, E, D, C. Dynamics: *p*. Ends with a double bar line.

## B. Clap A Rhythm

Try clapping these rhythms. Remember to keep a steady pulse.

1. 

2. 

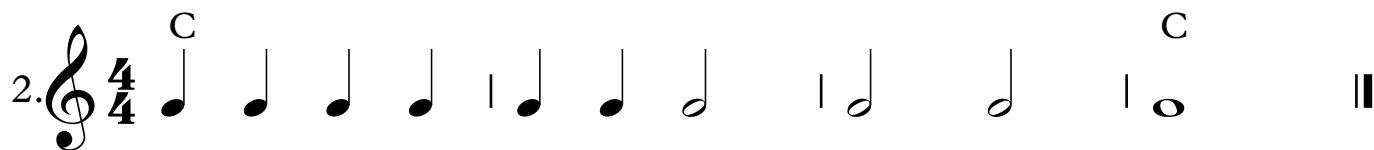
3. 

4. 

## C. Play a Tune to A Rhythm

Use the notes on the E and B strings to make up your own tune to these rhythms.  
Remember to start and finish on note C.

1. 

2. 

3. 

4. 